

Remembering Our Stone Age Learning At Deptford Creek

A Message From Our Elder



"Come, sit by the fire and listen. The plants around us are not just food—they can heal too. Chew the bark of the willow tree, and your pain will fade, just as our elders have always done. And our homes? They are not just stone. Strong branches make our shelters, reeds weave into walls, and leaves keep out the wind and rain. The land gives us all we need—we must use it wisely."

Task 1 Now, it is your turn to learn... Below are pictures of the foods Stone Age people ate. Can you match them to their names?
Think carefully – our survival depends on it!

"Gather around, young ones! Long ago, before shops and farms, we had to find our own food. We hunted animals, fished in rivers, and searched the land for plants to eat. Some foods gave us strength, others helped when we were sick, and some were special treats."

1.



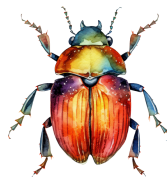
2.



3.



4.



A. Dandelions - They are easy to find and full of vitamins and iron. Every part of the plant is useful e.g the leaves, roots. It can be eaten raw or cooked.

B. Raspberries - They were eaten because they're are sweet, nutritious and easy to find in the wild.

C. Beetles - They were readily available in the environment and could be found in rotting wood or under rocks. Beetles were a practical food choice when other options were hard to find.

D. Acorns - They would often eat acorns but because it was bitter they would soak or boil the acorn before eating it. Once prepared, acorns could be ground into flour and used to make bread or other foods.

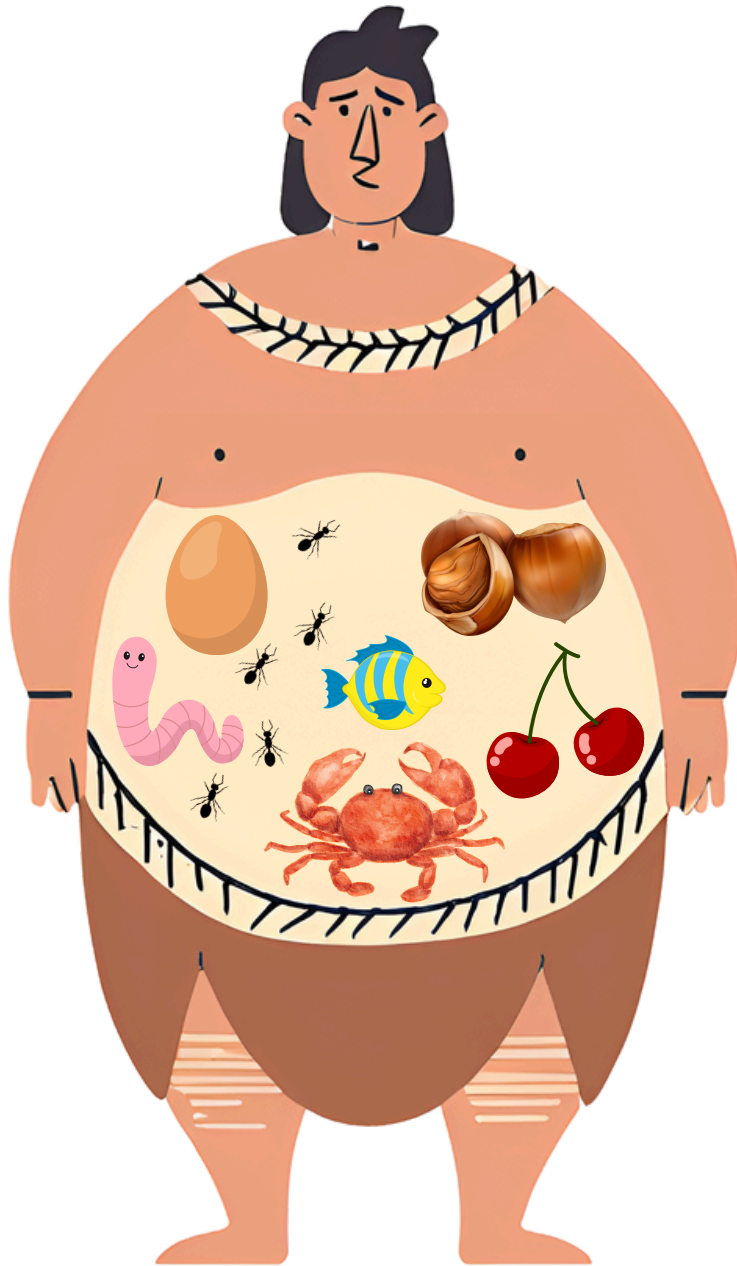


What Did The Stone Age Man Eat?

The Stone Age man has eaten all sorts of food! Can you help label what's inside his tummy?



Task 2

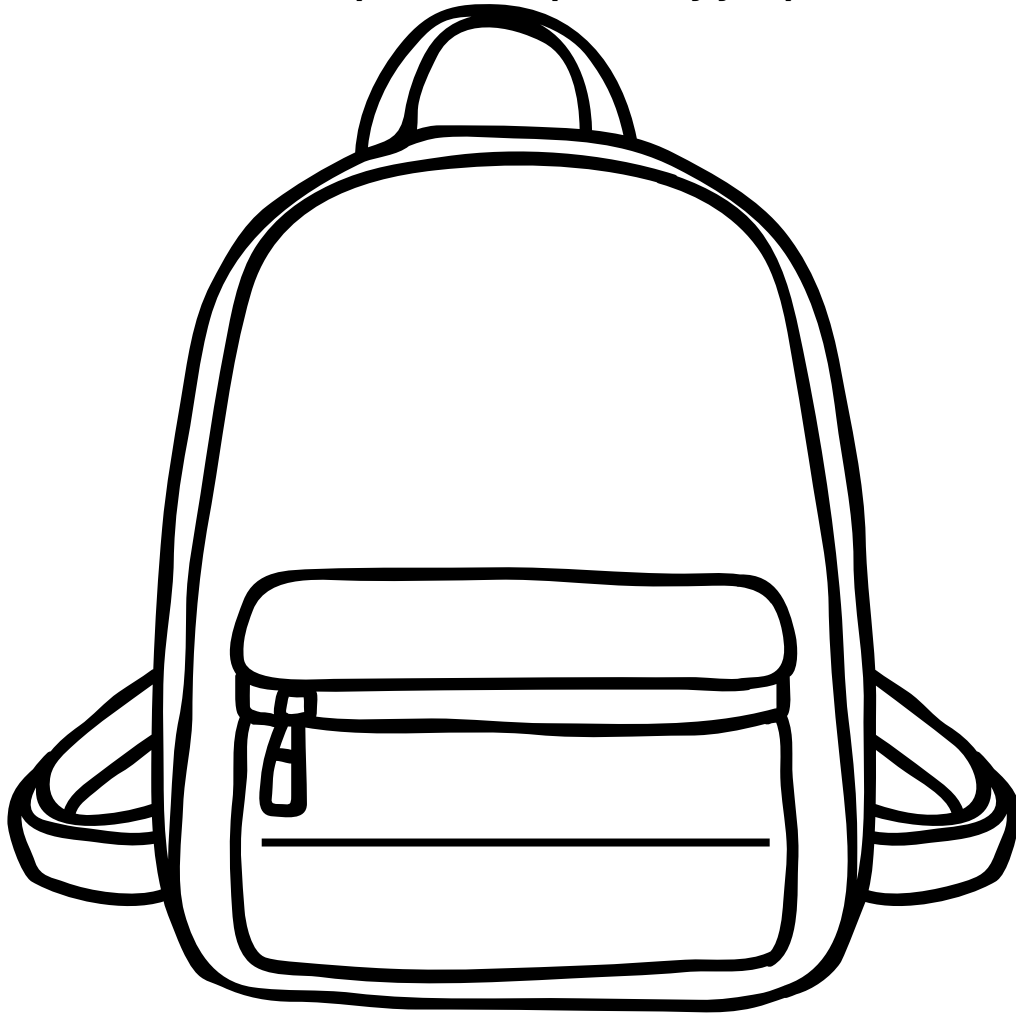


Which of these foods do we still eat today?

Task 3

What would you pack for the Stone Age?

"You are traveling back in time to the Stone Age! But you can only bring 5 items in your backpack. Choose wisely! What will help you survive, stay warm, or find food? **Draw or write your items inside the backpack and explain why you picked them!**"



Backpack Questions

1. What modern items won't work in the Stone Age? (e.g., a phone without electricity)
2. How will your items help you survive?



Task 4

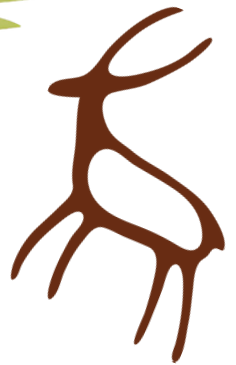
STONE AGE: SURVIVAL GUIDE

You completed the Stone Age challenges at Creekside!
As the elders of your clans, it is now up to you to teach the next generation.

It's time to pass on your wisdom of how to survive the stone age



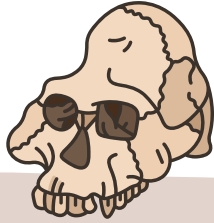
**Our ancestors would pass on knowledge orally,
They used language to grow and evolve.**



**We also know they used pictures and
symbols. Their art would tell their story.**

I wonder how you will tell YOUR story?...

STONE AGE: SURVIVAL GUIDE



WHAT IS MOST IMPORTANT?

WHAT SHOULD YOU DO FIRST?

HOW DO YOU BUILD A SHELTER?

WHERE SHOULD YOU SETTLE?

**HOW DO YOU MAKE TOOLS AND
WHAT SHOULD YOU DO WITH THEM?**



**You can work in their
'clans' or individually
as lone nomads.**

You could create:

- A booklet with step-by-step instruction
- A poster
- A role-play / script
- Video
- Song
- Comic strip

Think about....

**FOOD
SHELTER
WATER
WEATHER
TOOLS**

